

**MEDICAL RECORD - NURSING CARE PLAN**

For use of this form, see AR 40-66; the proponent agency is the OTSG

**INSTRUCTIONS:** Number and initial each recording.

1. Date Identified	2. RN Initials	3. #	4. Problems	5. Expected Outcomes (Goals)	6. Date Accomplished Revised

(Continue on Reverse.)

5. Discharge Considerations.

6. Patient Identification. *(For typed or written entries give: Name - last, first, middle; grade; date; hospital or medical facility)*

MEDICAL RECORD - NURSING CARE PLAN (Continued)	
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INSTRUCTIONS: Number and initial each recording.

[illegible]

NURSING DIAGNOSTIC CATEGORY GUIDELINES: HEALTH PERCEPTION-MANAGEMENT PATTERN:		ACTIVITY-EXERCISE PATTERN:	Depression, Reactive ( <i>Situational</i> ) Fear ( <i>Specify Focus</i> )
Health Management, Deficit, Total		Activity Tolerance, Decreased ( <i>Specify Level</i> )	Personal Identity Confusion
Health Management Deficit ( <i>Specify</i> )		Airway Clearance, Ineffective	Self Esteem Disturbance
Infection, Potential for		Breathing Pattern, Ineffective	Role-Relationship Pattern
Physical Injury, Potential for		Cardiac Output, Alteration In: Decreased	<u>Grieving, Anticipatory</u>
Noncompliance ( <i>Specify</i> )		Diversional Activity Deficit	Grieving, Dysfunctional
Noncompliance, Potential ( <i>Specify</i> )		Gas Exchange, Impaired	Independence-Dependence Conflict, Unresolved
Poisoning, Potential for		Home Maintenance Management ( <i>Mild, Moderate, Severe, Potential, Conflict</i> )	Parenting, Alteration in
Suffocation, Potential for		Joint Contractures, Potential	Parenting, Potential Alteration in
<u>Nutritional-Metabolic Pattern:</u>		Mobility, Impaired Physical ( <i>Specify Level</i> )	Social Isolation
Decubitus Ulcer		Self-Care Deficit, Total ( <i>Specify Level</i> )	Socialization, Alterations in
Fluid Volume Deficit Potential		Self-Bathing-Hygiene Deficit ( <i>Specify Level</i> )	Translocation Syndrome
Fluid Volume Deficit, ( <i>Actual</i> )(1)		Tissue Perfusion, Chronic Alteration in	Verbal Communication, Impaired
Fluid Volume Deficit, ( <i>Actual</i> )(2)		Cognitive-Perceptual Pattern:	Violence, Potential for
Nutrition, Alteration in: Potential for More Than Body Requirements, or Potential Obesity; More Than Body Requirements, or Exogenous Obesity; Less Than Body Requirements, or Nutritional Deficit ( <i>Specify</i> )		<u>Cognitive Impairment, Potential</u>	Sexuality-Reproductive Pattern:
Skin Integrity, Potential Impairment of, or Potential Skin Breakdown		Comfort, Alteration In: Pain	Rape Trauma Syndrome
Skin Integrity, Impaired		Pain Self-Management Deficit	Rape Trauma Syndrome: Compound
Elimination Pattern:		Knowledge Deficit ( <i>Specify</i> )	Rape Trauma Syndrome: Silent Reaction
<u>Alteration in Bowel Elimination: Constipation or Intermittent Constipation Pattern</u>		Sensory Deficit ( <i>Specify</i> ), Uncompensated	Sexual Dysfunction
Alteration in Bowel Elimination: Diarrhea		Sensory-Perceptual Alterations: Input Excess or Sensory Overload	Coping-Stress Tolerance Pattern:
Alteration in Bowel Elimination: Incontinence or Bowel Incontinence		Short-Term Memory Deficit, Uncompensated	Coping, Family: Potential for Growth
Urinary Elimination Pattern, Altered		Thought Processes, Impaired	Coping, Ineffective Family: Disabling
Urinary Elimination: Impairment of: Incontinence		Sleep-Rest Pattern:	Coping, Ineffective Family: Compromised
Urinary Elimination, Impairment of: Retention		<u>Sleep-Pattern Disturbance</u>	Coping, Ineffective ( <i>Individual</i> )
		Self-Perception-Self-Concept Pattern:	Value-Belief Pattern:
		Anticipatory Anxiety ( <i>Mild, Moderate, Severe</i> )	<u>Spiritual Distress</u> ( <i>Distress of Human Spirit</i> )
		Anxiety, Mild	
		Anxiety, Moderate	REFERENCE:
		Anxiety, Severe ( <i>Panic</i> )	Manual of Nursing; Diagnosis 1983
		Body Image Disturbance	Marjory Gordon, McGraw Hill Pub. Co.
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Health Management, Deficit, Total  
Health Management Deficit (*Specify*)  
Infection, Potential for  
Physical Injury, Potential for  
Noncompliance (*Specify*)  
Noncompliance, Potential (*Specify*)  
Poisoning, Potential for  
Suffocation, Potential for  
Nutritional-Metabolic Pattern:  
Decubitus Ulcer  
Fluid Volume Deficit Potential  
Fluid Volume Deficit, (*Actual*)(1)  
Fluid Volume Deficit, (*Actual*)(2)  
Nutrition, Alteration in: Potential for More  
Than Body Requirements, or Potential  
Obesity; More Than Body Requirements,  
or Exogenous Obesity; Less Than Body  
Requirements, or Nutritional Deficit  
(*Specify*)  
Skin Integrity, Potential Impairment of,  
or Potential Skin Breakdown  
Skin Integrity, Impaired  
Elimination Pattern:  
Alteration in Bowel Elimination: Constipation  
or Intermittent Constipation Pattern  
Alteration in Bowel Elimination: Diarrhea  
Alteration in Bowel Elimination: Incontinence  
or Bowel Incontinence  
Urinary Elimination Pattern, Altered  
Urinary Elimination: Impairment of:  
Incontinence  
Urinary Elimination, Impairment of: Retention

**ACTIVITY-EXERCISE PATTERN:**  
 Activity Tolerance, Decreased (*Specify Level*)  
 Airway Clearance, Ineffective  
 Breathing Pattern, Ineffective  
 Cardiac Output, Alteration In: Decreased  
 Diversional Activity Deficit  
 Gas Exchange, Impaired  
 Home Maintenance Management  
 (*Mild, Moderate, Severe, Potential, Conflict*)  
 Joint Contractures, Potential  
 Mobility, Impaired Physical (*Specify Level*)  
 Self-Care Deficit, Total (*Specify Level*)  
 Self-Bathing-Hygiene Deficit (*Specify Level*)  
 Tissue Perfusion, Chronic Alteration in  
 Cognitive-Perceptual Pattern:  
 Cognitive Impairment, Potential  
 Comfort, Alteration In: Pain  
 Pain Self-Management Deficit  
 Knowledge Deficit (*Specify*)  
 Sensory Deficit (*Specify*), Uncompensated  
 Sensory-Perceptual Alterations: Input  
 Excess or Sensory Overload  
 Short-Term Memory Deficit, Uncompensated  
 Thought Processes, Impaired  
 Sleep-Rest Pattern:  
 Sleep-Pattern Disturbance  
 Self-Perception-Self-Concept Pattern:  
 Anticipatory Anxiety (*Mild, Moderate, Severe*)  
 Anxiety, Mild  
 Anxiety, Moderate  
 Anxiety, Severe (*Panic*)  
 Body Image Disturbance

Depression, Reactive (*Situational*)  
 Fear (*Specify Focus*)  
 Personal Identity Confusion  
 Self Esteem Disturbance  
 Role-Relationship Pattern  
Grieving, Anticipatory  
 Grieving, Dysfunctional  
 Independence-Dependence Conflict,  
 Unresolved  
 Parenting, Alteration in  
 Parenting, Potential Alteration in  
 Social Isolation  
 Socialization, Alterations in  
 Translocation Syndrome  
 Verbal Communication, Impaired  
 Violence, Potential for  
 Sexuality-Reproductive Pattern:  
Rape Trauma Syndrome  
 Rape Trauma Syndrome: Compound  
 Rape Trauma Syndrome: Silent Reaction  
 Sexual Dysfunction  
 Coping-Stress Tolerance Pattern:  
Coping, Family: Potential for Growth  
 Coping, Ineffective Family: Disabling  
 Coping, Ineffective Family: Compromised  
 Coping, Ineffective (*Individual*)  
 Value-Belief Pattern:  
Spiritual Distress (*Distress of Human Spirit*)

REFERENCE:  
 Manual of Nursing; Diagnosis 1983  
 Marjory Gordon, McGraw Hill Pub. Co.  
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